

Alberta

Calgary

Calgary Police Service
Main Gymnasium-316-7Ave S.E
PARE FEE: \$50.00
Meet 15 minutes prior to scheduled start time
To Register for PARE testing call 206-8483

Be Fit for Life - University of Calgary
2500 University Dr. N.W.
(403) 220-7749
PARE Fee \$50

- **PARE Orientation Sessions**

Each session includes video and commentary of an actual test, demonstrations of the push/pull machine, handout of PARE test tips and answering questions.

To **register** for PARE testing or an orientation, call (403) 220-7749.

Questions about PARE testing or orientations, call (403) 220-8011

*Pre-PARE personal training available for an additional fee. Contact Carolyn Bedford at (403) 220-5189.

Red Deer

Kevin Sirois Fitness Resource Centre - Red Deer College
(403) 357-3663
\$50

Grande Prairie

Fitness Resource Centre - Grande Prairie Regional College
(780) 539-2816
\$50

Lethbridge

Be Fit For Life Centre - Lethbridge Community College
(403) 382-6919
\$45
*Pre-PARE training available for an additional fee.
Contact: Beth at (403) 382-6919

Medicine Hat

Fitness Resource Centre
(403) 529-3839
\$45

Vermilion

Lakeland College Recreation Centre
(780) 853-8474
\$40

Edmonton

Grant MacEwan College - MacEwan Centre For Sport & Wellness
10700 - 104 Ave
Contact Jeff Calkins at (780) 497-5693 for test bookings
\$60 + GST

- Must bring medical clearance.
- Applicants may practice free of charge with testing equipment on test dates but must book in advance.

- If you have questions about PARE, contact Heather Kelly at (780) 497-5693.

Fort McMurray

Be Fit For Life - Kenayo College
8115 Franklin Avenue
(780) 791-8916
\$50
Contact: Dayna Sinclair at (780) 791-8916

British Columbia

Nanaimo

Malaspina University-College
900 Fifth Street
(250) 753-3245 Ext. 2184
\$40

- PARE testing is conducted the first Friday of each month or by special arrangement.
- Applicants must bring medical clearance form and photo ID.

Vancouver

Downtown YMCA
955 Burrard Street
(604)689-9622
\$45
*Pre-PARE training available for an additional fee.
Contact: Anthony Reid at (604) 689-9622

Prince George

Prince George YM-YWCA
2020 Massey Dr.
(250) 562-9341
\$40 + GST

- Testing every second Thursday.
- Must have medical release and photo ID.
- Bookings must be at least one day in advance.

Cranbrook

College of the Rockies
2700 College Way
(250) 489-8201
\$40 + GST

- Testing as required; minimum of 3 people.

Kelowna

Kelowna RCMP Detachment
*Pre-PARE training available for an additional fee.
Contact: Cst Connie Burns at (250) 762-3300

New Brunswick

Fredericton

YMCA
28 Saunders Street
(506) 462-3031
\$40

- Tests every Tuesday and Wednesday at 1200 hours
- No prior booking required.
- Bring completed medical clearance.

Nova Scotia

Halifax

Halifax Regional Police

For booking, contact the Calgary Police Service Recruiting Unit.

(403) 206-8483

- Applicants are not to contact the Halifax Regional Police directly.

Ontario

Barrie

Georgian College

One Georgian Drive

Barrie, Ont L4M 3X9

Contact: Greg Nell (705) 728-1968 Ext 1246

email: gnell@georgianc.on.ca

- \$150 (includes taxes)
- Testing done individually by appointment, phone or email to book date and time

Sudbury

Cambrian College

1400 Barrydown Road

(705) 566-8101 Ext. 7641

\$60 + GST

- Tests are run twice per month.

Ottawa

Algonquin College

1385 Woodroffe Avenue

(613) 727-4723 Ext. 5702

\$45

- Testing done once per month but date fluctuates.

Saskatchewan

Regina

Fitness By Design

Duane Banman

306-536-2026

Saskatoon

University of Saskatchewan - College of Kinesiology

Physical Activity Complex

87 Campus Drive

Saskatoon, SK S7N 5B2

Phone: (306) 966-1007

- Cost of PARE test - \$50